



Sunday. Day of the Sun.

Teaching Angel – Archangel Michael
Planet – Sun
Astrology – Leo

“Who is like God?”

First day of the new week.

Protector of spiritual Israel.

Portrayed as arriving in the “end times.” As a human soul turns its face towards the infinite. The spiritual “battle” within to rise above.

Prayers – Mantras

May I not be blinded by pride.

May I provide a joyful and clear light of encouragement, good humor, inspiration, and love to those around me.

Archangel Michael, defender of God, my protector. Shield me from evil and transgressions. Assist me with daily remembrance of interconnectedness and unity. Remind me of the beauty of God’s creation that surrounds me. Assist me with treating myself and others with kindness and tolerance this day and every day.

May I be assisted with my spiritual practice. May well-being, happiness, and joy be with me and with all living creatures and sentient beings.

Artist: Guido Reni



Monday. Day of the Moon.

Teaching Angel - Archangel Gabriel - God is my strength

Ruler of the angelic host of the Cherubim

Planet - Moon

Astrological sign - Cancer

Shaddai El Chai. Yesod.

Archangel Gabriel shown holding a branch from paradise: a staff with lilies (sacred to the moon) like the staff of Aaron and St Joseph of Arimathea. - from David Goddard

Alongside archangel Michael, Gabriel is described as the guardian angel of Israel (not the country), defending this people against the angels of the other nations. - Wikipedia

Prayers - Mantras

May I be assisted with learning about the moon cycle. Please guide me in learning about the psychological and emotional world.

Please assist with my prayers about my home, items I might need, and related domestic matters.

Please assist in my sleep and dreamtime with wonderful wisdom. And remind me that I'm an immortal child of God.

May I be assisted with my spiritual practice. May well-being, happiness, and joy be with me and with all living creatures and sentient beings.

Artist: Leonardo Da Vinci



Tuesday. Day of Mars.

Teaching Angel – Angel Samael – Temperance of God

Planet – Mars

Astrology – Aries and Scorpio

Prayers – Mantras

Angel Samael assist me with courage and transformation. Help me understand working with life energy and power in a responsible way. Aid me in learning patience and resolve. Please assist with overcoming hardship and hindrance.

Deliver me from temptation, evil, and those who wish me no good. Assist me with my pride so that I may love more clearly.

May I be assisted with my spiritual practice. May well-being, happiness, and joy be with me and with all living creatures and sentient beings.

Artist: Leloir



Wednesday. Day of Mercury.

Teaching Angel - Archangel Raphael – God heals

Day of quickened communication. Day of mental and emotional healing.

Planet – Mercury

Astrological signs – Gemini and Virgo

Mantras – prayers

May I be conscious today of communicating with kindness and tolerance.

May I easily let go of the mental and emotional issues that no longer serve me.

May I be guided towards loving myself and others; taking time for self-care, music, nature, humor, arts, creative pursuits, friends, and family,

May I be assisted with my spiritual practice. May well-being, happiness, and joy be with me and with all living creatures and sentient beings.

Notes:

If you need to address another presiding weekday Angel, and the day is inappropriate, you might address your appeal to that angel through archangel Raphael because he excels in communication.

A good day for working on projects with others as communication and connections may be more fluid depending on the astrology of the moment. A good day for getting rid of mental and emotional baggage as well. If you find these kind of issues coming up, you don't necessarily need to dwell on them. You might try just being compassionate with yourself, not engaging with the thoughts, and just allowing them to pass away.

Artist: San Rafael



Thursday - day of Jupiter. Day of the spirit.

Teaching Angel - Angel Sachiel

One of the chasmalim, the angelic host under archangel Tzadkiel

Planet – Jupiter

Classical rulership of Pisces and Sagittarius.

Mantra - prayer:

May I be reminded of the interconnectedness of all life. May you inspire my curiosity about the world and gaining spiritual wisdom. Please assist me with understanding how to use my imagination to create ideas and images of what I would like to bring into manifestation in the world.

May I be assisted with my prayers for my financial well-being. May I be provided with an understanding of wealth and charity.

May I be assisted with my spiritual practice. May well-being, happiness, and joy be with me and with all living creatures and sentient beings.

Artist: Crispijn van de Passe



Friday. Day of Venus.

Teaching Angel – Angel anael - Joy of God

Rose angel of God

Planet – Venus

Astrological ruler of Taurus and Libra

Mantra - prayer:

May I be inspired to create beauty within myself, in the world around me, and in my relationships with other people.

May I be inspired to be a loving, caring, kind, patient, and tolerant partner to my lover or spouse - and my friends.

Angel anael, please assist me with cultivating my own beauty to be a wonderful potential partner when looking for a love relationship. And help me to not impose my wishes or desires on others.

May I be inspired by the creative worlds of art, music, and nature.

May I be assisted with my spiritual practice. May well-being, happiness, and joy be with me and with all living creatures and sentient beings.

Gracious words are a honeycomb, sweet to the soul and healing to the bones. - Proverbs 16: 2

Artist: Botticelli



Saturday - Day of Saturn. Day of completion and rest.

Last day of the week.

Teaching Angel - Angel Cassiel - Speed of God

Angel of karma. Angel of Fate.

Ancient angelic energies of completion

Classical rulership of Aquarius and Capricorn

Mantra - prayer:

May I easily let go of the things that no longer serve me. Please assist with my unfoldment and awakening. May you inspire my learning and gaining of experience - and the distilling of that experience into wisdom. May I allow myself to rest after the work exertions of the week.

May I be assisted with my spiritual practice. May well-being, happiness, and joy be with me and with all living creatures and sentient beings.

Credit to author David Goddard for the wording of Day of Completion and Rest.

Artist: Pieter de Grebber

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